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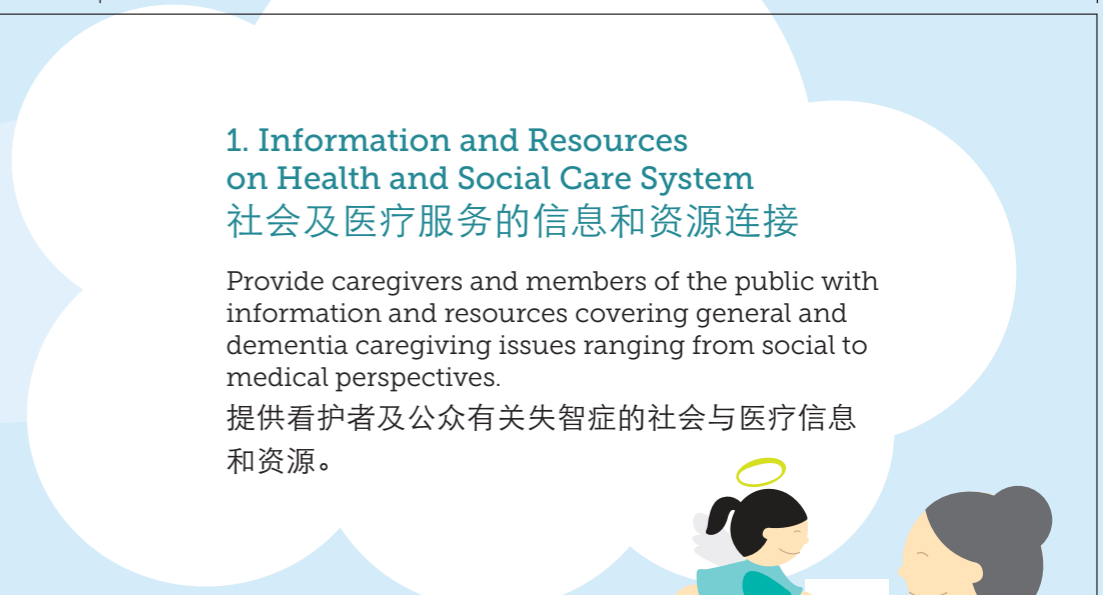
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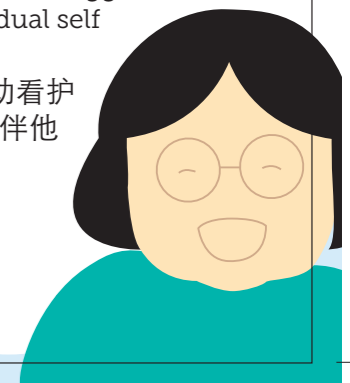
1. Information and Resources on Health and Social Care System 社会及医疗服务的信息和资源连接

Provide caregivers and members of the public with information and resources covering general and dementia caregiving issues ranging from social to medical perspectives.
提供看护者及公众有关失智症的社会与医疗信息和资源。

How do we do it?

2. Psychosocial Intervention 心理及社会支持

Support caregivers by providing counselling and group work sessions where they will build trust and confidence, acknowledge their struggles, and develop their sense of individual self in a positive way.
提供看护者辅导与团体支持, 协助看护者建立自信及乐观的态度, 并陪伴他们一同面对照顾家人的挑战。



Project Angels is a new initiative under Montfort Care to provide a one-stop centre for coordinated information, services and support for caregivers of people with dementia.
长者天使计划是 Montfort Care 专为照顾失智症家人的看护者所提供的一站式服务。

Project Angels provides services with no geographic boundary for caregivers to recharge, rebalance and refocus.
长者天使计划提供看护者心理及社会服务, 让他们在看护的旅程中获得支持。



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3. Happy Kopitiam 快乐咖啡店

Happy Kopitiam is a pop-up mobile service concept that provides a safe, comfortable and supportive environment for anyone affected directly or indirectly by dementia to discuss and share information and experiences.

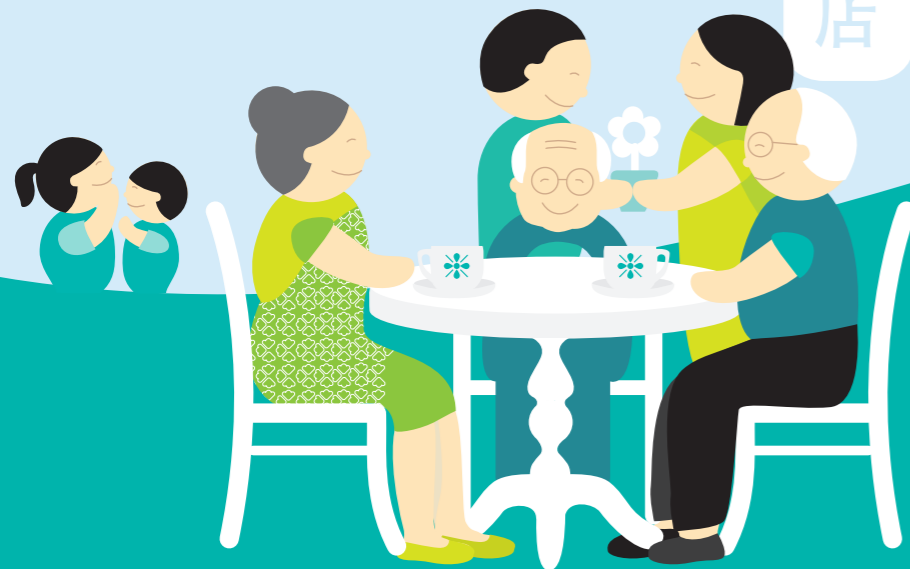
长者天使计划在社区中开始“快乐咖啡店” - 提供舒适, 轻松的环境让看护者, 失智症长者及社区中关心失智症的居民能一同了解, 分享, 并从中得到邻里间的支持。

4. Weekend Respite 周末喘息服务

Provide weekend respite for caregivers to take some time off for their own needs.

提供周末喘息服务, 让看护者能在星期六获得休息。

快乐咖啡店



MontfortCare

Who Are We?
Montfort Care is a network of programmes committed to improving the lives of individuals, families and the community facing transitional challenges.
www.montfortcare.org.sg

Intervention & Care Programmes

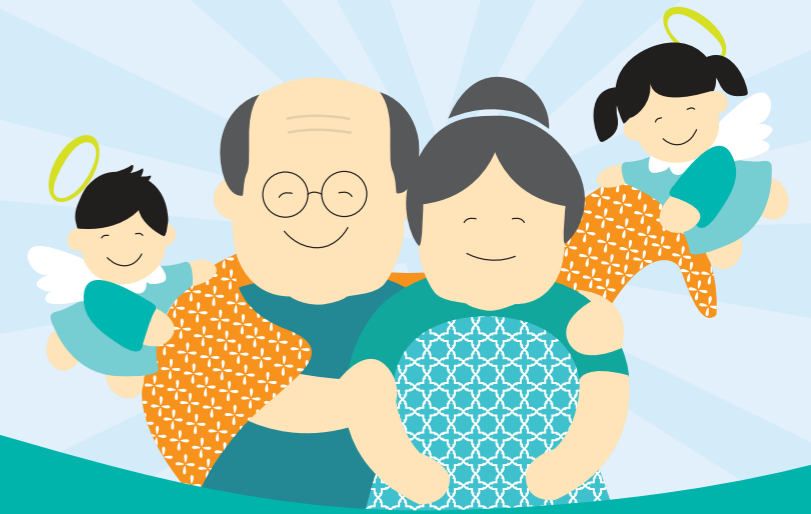


Community Outreach Programmes



长者天使计划

Project Angels



Project Angels

如您需要更多长者天使计划的信息。请与我们联系:

For more information about Project Angels, please contact us at:
Block 27 Telok Blangah Way #01-1018 Singapore 090027
Tel / 电话: (65) 62746904

Not all angels live in heaven.
Many walk on earth just like caregivers.

MontfortCare

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